



# TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.  
Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare, Govt. of India New Delhi)

## LIST OF SPORTS INFRASTRUCTURE

<b>I. Availability of Physical and Recreational Activities</b>	
<b>Outdoor facilities</b>	<b>Indoor facilities</b>
Cricket play area – 1 Ground	Chess – 10 boards
Cricket practice nets -2 No.	Carrom - 20 boards
Food Ball Court - 1 field	Table tennis – 4 boards
Volley ball Court - 2 courts	
Throw ball court - 2 courts	Sports & Cultural facility room -1
Tennikoit - 1 court	
Athletics track & Field – 200 Mts	Auditorium – 1
Kho Kho – 1 court	
Kabaddi - 1 court	

<b>Dimensions of sports facilities in detail</b>	
<b>Playing Area</b>	<b>Total Area</b>
Cricket play area – 65 Mts circle	Cricket play area – 70 Mts circle
Cricket practice nets – 50X16 Ft.	Cricket practice nets – 80X20 Ft.
Food Ball Court – 40X 20 Mts	Food Ball Court – 50X 30 Mts
Volley ball Court – 18X9 Mts	Volley ball Court – 25X15 Mts
Throw ball court - 18.30X12.20 Mts	Throw ball court - 25X19 Mts



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Tennikoit - 12.2X5.5 Mts	Tennikoit - 20X12 Mts
Athletics track & Field – 200 Mts	Kho Kho – 32X22 Mts
Kho Kho – 27X16 Mts	Kabaddi - 20X16 Mts
Kabaddi - 13X10 Mts	Table tennis – 30X20 Ft.
Table tennis – 9X5 Ft.	

\*Mts- Meters; Ft- Feet

## II. GYMNASIUM (In Boys and Girls hostels):

Hostels have gymnasium to reinforce a healthy life style with physical and mental coordination and flexibility of the students. Gymnasium has following items like weight plates, Dumbbells, Smith machine, leg extension machine, Multi sitting bench and medicine Balls.

## III. PORKALAM

Conduct of Sports competitions in the name of 'Porkalam' every year

## IV. Auditorium – 704 sq ft. – For conduct of Yoga and intercollegiate cultural events

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